

Migrant Voice

06 December 2025



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AWARENESS PROGRAM FOR MIGRANT WOMEN

NOVEMBER - 23 - 2025:

Don Bosco Migrant Services (DBMS) conducted an awareness program on 23 November 2025 at the Pannur Office, focusing on Women’s Rights, Gender Equality, and Self-Defence for migrant women. The initiative aimed to educate participants on their rights, promote gender sensitization, and encourage personal safety awareness.

Program Details

The session began with the screening of an awareness video highlighting women’s rights, gender-based challenges, and the importance of equality and safety. The visual material helped participants understand real-life

issues and empowered them with essential information. Following the video, the DBMS team explained key concepts related to gender equality, legal rights, and basic self-defence awareness. The participants listened attentively and actively engaged with the session content.

Participant Engagement

The seven migrant women who attended the program showed a keen interest in the discussions. Their participation demonstrated the need and relevance of such initiatives within migrant communities.

Conclusion

The program concluded with a group photograph to

mark the occasion. Snacks were distributed to the participants, and they were sent home after the session. The activity was successfully organized with the support of the DBMS staff and contributed to strengthening awareness, safety, and confidence among migrant women.

Date	23 November 2025
Location	DBMS Pannur Office
Organized by	DBMS
Supported by	DBMS Staff
Participants	7



CONSULTATION AND NETWORKING PROGRAM FOR MIGRANT SUPPORT



NOVEMBER - 05 - 2025:

The Jesuit Migrant Service (JMS), in collaboration with MAIN and DB4M, organized a Consultation and Networking Program on 5th November 2025 at Loyola College, Chennai, to strengthen collective efforts for migrant welfare in Tamil Nadu. The program brought together representatives from various migrant-focused organizations, community leaders, and support networks to discuss the challenges faced by migrants and explore practical strategies for improved collaboration.

The consultation opened with an overview of the current situation of migrants in the state, emphasizing the need for unified action to ensure their safety, dignity, and access to essential services. A major

point of discussion was the absence of reliable and consolidated data on migrant communities, which continues to hinder effective policy planning and service delivery. Participants stressed the importance of establishing a state-level migrant census to create a standardized database that could guide welfare initiatives more efficiently. Concerns were also raised regarding the lack of structured protection mechanisms for distressed migrants, particularly those facing workplace exploitation, poor living conditions, and limited access to support systems.

The speakers underscored the need for stronger policies and coordinated action among civil society organizations, government departments, and local institutions. Suggestions included strengthening field-level outreach, enhancing

emergency response systems, building leadership among migrant groups, and developing platforms for continuous dialogue among stakeholders. The program also emphasized the value of collaborative advocacy to ensure that migrant issues receive adequate attention within state-level development agendas.

The consultation concluded with expressions of gratitude to all participants for their commitment to improving the lives of migrant workers. A fellowship lunch followed, providing an opportunity for further networking and relationship-building among organizations working towards a common mission. Overall, the event reaffirmed the importance of partnership-based approaches in creating sustainable and impactful support systems for migrants across Tamil Nadu.

STRESS RELIEF AND MANAGEMENT SESSION

NOVEMBER - 27 - 2025:

A Stress Relief and Management Session was conducted in collaboration with Don Bosco Migrant Services (DBMS) and the Institute of Mental Health (IMH), Chennai on 27th November 2025 at the CTRL – DC-2 Board Room, Ambattur, Chennai. The program aimed to equip employees with practical tools and awareness to manage stress effectively and to promote overall mental well-being in the workplace.

The session covered key aspects of stress identification, coping techniques, emotional regulation, and practical relaxation exercises. Facilitators emphasized the importance of work-life balance, early identification of stress symptoms,

and seeking timely support when required.

Participants actively engaged in discussions and activities that encouraged self-reflection and awareness. The interactive nature of the session enabled them to better understand the causes of stress and adopt healthier coping mechanisms.

At the end of the program, participation certificates were distributed to all attendees as a recognition of their involvement.

Outcome

The session contributed to fostering a healthier, supportive, and more balanced workplace environment. Participants gained valuable insights into managing work-related

Date
27th November 2025

Time
11:00 AM

Venue
CTRL – DC-2 Board Room,
Ambattur, Chennai

Facilitators

- Dr. Lakshmi
- Mr. Mani (Counsellor)
- Medical professionals from the Institute of Mental Health (IMH), Chennai
- DBMS staff

Participants
47 team members
(45 men and 2 women)

stress, which is expected to enhance their overall productivity and well-being.





SPORTS ACTIVITIES **AWARENESS PROGRAM**

NOVEMBER - 02 - 2025:

The Sports Activities Awareness Program organized by Don Bosco Migrant Services (DBMS) on 02 November 2025 was conducted across two locations Sivankoodal and Arneri to promote the importance of sports and physical activities among migrant communities. The programs were supported by DBMS staff and collectively reached around 45 migrants, including 15 participants in Sivankoodal and 30 beneficiaries in Arneri. Both events were held with the central theme of encouraging migrants to recognize sports as a vital tool for improving their health, well-being, and social bonding.

The program in each location began with a brief introduction about DBMS and its commitment to empowering migrants. Participants were then guided

through an awareness session highlighting the benefits of regular sports activities, such as stress reduction, team-building, improved physical fitness, and emotional well-being. DBMS staff explained how sports can be used not only for recreation but also as a means of strengthening community unity and enhancing confidence among migrant workers. The sessions also included short interactions and discussions where beneficiaries expressed their interest and shared their experiences related to sports.

Across both venues, the flow of the program moved from awareness to engagement, beginning with welcoming the participants, followed by an explanation of the importance of sports, interactive discussions, and motivational guidance. The participants actively listened and responded with enthusiasm, showing a

positive attitude toward incorporating sports into their daily routines. In some instances, simple group demonstrations and practical examples helped them understand how sports can be easily integrated into their lifestyle despite work-related challenges.

The combined impact of the two programs was significant, as many attendees expressed a better understanding of how sports could benefit their physical and emotional health. The initiative strengthened the relationship between DBMS and the migrant communities, paving the way for future sports-based interventions and continued engagement. Overall, the program reinforced the message that sports can serve as a pathway to well-being, community bonding, and personal growth among migrants who often face stressful living and working conditions.

TECHNOLOGY FOR MIGRANT WELFARE

During November 2025, the MWRC team conducted multiple outreach activities across Tamil Nadu and Karnataka, engaging with migrant workers in several companies including TPES (Pegatron), Foxconn, Salcomp and Apple India Head Office. These activities focused on raising awareness about health, mental health, hygiene, sleep, social security entitlements, linking Aadhar No. with the bank account and MWRC services.

The team successfully reached over 1400 workers across the regions, delivering tailored guidance through one-to-one interactions,

small-group sessions, and interactive methods such as mime. These efforts not only helped workers understand key issues but also built trust and recognition of MWRC services, aligning with donor goals and contributing to overall project objectives.

Outreach Summary

Total Companies Visited: 14

Locations Covered:

- TPES (Pegatron) Chennai & Bangalore.
- Foxconn - Kanchipuram & Bangalore.
- Salcomp - Kanchipuram
- Apple India Head Office - Bangalore.

- Don Bosco Provincial House - Bangalore.

Total Workers Reached:
Approximately 1,380 - 1,430

Topics Discussed: Health and hygiene, Mental health and stress management, Sleep and well-being, MWRC services overview, Linking Aadhaar with bank accounts, Government schemes facilitated by MWRC, Interactive mime sessions to improve engagement

Engagement & Feedback

Workers have started recognizing MWRC van/team and proactively approach them for guidance during company visits.



Workers independently seek support for Aadhaar issues, bank linking, and queries related to government schemes. There is growing interest in learning about services provided or facilitated by MWRC.

Workers reported that sessions helped improve understanding of mental health, hygiene, and social security entitlements.

Company supervisors appreciated the regular follow-up visits and the clarity provided during awareness sessions.

The interactive mime sessions particularly enhanced engagement, capturing workers' attention and encouraging participation even after long work shifts.

Challenges Encountered

Worker Fatigue: Most workers arrive after long shifts starting as early morning and are often tired.

Time Constraints: Many are in a hurry to catch buses home and prioritize securing comfortable seats, which divides their attention during sessions.

Engagement Solutions: With support from company HR teams, the MWRC team ensures at least 15 minutes per batch for MWRC service discussions. Small-group and one-to-one interactions help maintain attention and engagement.

Technical Challenges: Network issues, OTP delays, server downtime, and missing documents occasionally prevent workers from completing Aadhaar linking or accessing other government services.

Learnings & Reflections

Small-Group and One-to-One Effectiveness: These formats are more effective than large sessions. Workers feel comfortable asking questions, sharing personal issues, and engaging actively. Tailored guidance helps address individual concerns.

High Interest in Key Topics: Sleep, mental stress, hygiene, and overall well-being are areas of strong interest. Workers proactively seek guidance and information.

Impact of IEC Materials: Pamphlets and visual aids help reinforce messages and serve as quick references.

Effect of Mime and Interactive Activities: Mime performances simplify complex concepts visually, attract larger crowds, and maintain attention even among tired workers. Workers respond actively, ask questions, and retain information better.

Overall Reflection: A combination of interactive methods, IEC materials, and small-group sessions significantly improves engagement, understanding, and awareness among migrant workers.

Coordination & Stakeholder Engagement

Meetings & Collaborations: Regular coordination meeting held with IOM and DBMS Staff,

Company Engagement: Apple India Head Office, Foxconn, TPES, and Salcomp staff provided feedback and expressed appreciation for MWRC services.

Expansion Planning: During the Roundtable meeting in Bangalore, company heads from companies like Nike and Ikea and civil society organizations like Jan Sahas, Good Business Lab and Nomi Network were briefed on potential expansion of MWRC services in other projects.

Bangalore Exposure Visit (16–20 November 2025)

From 16 to 20 November, the MWRC team visited Bangalore as part of the project activities. During this visit, the team conducted outreach and coordination meetings at the Foxconn and Tata company branches, and also visited the Apple India Head Office.

► Foxconn & Tata (Bangalore Branch Visits)

- The team interacted with workers and introduced them to the MWRC services just like in Chennai.
- Many workers participated actively in the sessions. They asked questions related to health, mental health, sleep,

- and general well-being.
- Pamphlets were distributed and the team addressed the workers' doubts on the spot.
- The staff members of both companies shared very positive feedback, mentioning that the sessions were highly engaging and useful for the workers.
- Workers showed keen interest in the services and appreciated the one-to-one and small-group interactions.

➤ **Apple India Head Office Visit**

- Apple's team appreciated the field work done by Don Bosco and MWRC, especially the team's ability to connect with workers and explain services clearly.
- They expressed interest in expanding similar MWRC projects to other locations in the future.
- They also shared that the Don Bosco MWRC team would be invited to lead and demonstrate

the project model in new locations if additional centers are opened.

Overall Experience

The Bangalore visit was highly productive and provided valuable exposure. The interactions with workers, prospective companies, likeminded civil society groups like Jan Sahas, Good Business Lab, Nomi Network and Apple leadership strengthened coordination and opened possibilities for future expansion of MWRC services in other regions

Activities Conducted

Date	Company Location Visited	Number of Workers Reached	Topics Covered
03/11/2025	Foxconn Dormitory	140-150	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account, Mime.
04/11/2025	TPES (Pegatron)	130-135	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account.
10/11/2025	Foxconn Dormitory	95-100	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account, Mime.
11/11/2025	TPES (Pegatron)	90-95	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account.
13/11/2025	TPES (Pegatron)	120-125	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account.
14/11/2025	Salcomp	55-60	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account.
17/11/2025	Foxconn Company (Bangalore)	70-75	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account, Mime.

Date	Company Location Visited	Number of Workers Reached	Topics Covered
18/11/2025	TPES (Bangalore)	250-275	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account, Mime.
19/11/2025	Apple Head office (Bangalore)	20-25	Demonstration on MWRC services and Mime on importance of good sleep
20/11/2025	Meeting in Don Bosco Provincial House (Bangalore)	7 Companies Head	Regarding expansion of MWRC services in other projects
24/11/2025	Foxconn Dormitory	90-95	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account.
25/11/2025	TPES (Pegatron)	125-130	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account.
27/11/2025	TPES (Pegatron)	135-140	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account.
28/11/2025	Salcomp	60-65	Health, Mental health, Sleep, MWRC services Overview, Linking Aadhar No. with the bank account.





FREE GENERAL MEDICAL & EYE CHECK-UP CAMP FOR MIGRANT WORKERS

NOVEMBER - 13 - 2025:

In a continued effort to enhance the well-being of migrant labourers, Don Bosco Migrant Services (DBMS) organized a Free General Medical and Eye Check-up Camp on 13 November 2025. The initiative, conducted in collaboration with the Wockhardt Foundation and the Equidus Foundation, brought essential healthcare services directly to the Migrant Labour Colony at Kumaran Nagar, Sholinganallur.

Healthcare At The Doorstep

From 10:00 a.m. to 3:30 p.m., the camp offered comprehensive medical assessments to 72 migrant workers. Participants received general medical consultations, eye examinations, prescribed medicines, and reading glasses. Doctors also provided preventive health advice, emphasizing early detection and regular check-ups.

Voices From The Community

Participants expressed heartfelt gratitude for the timely

assistance and personal care offered during the camp. Many appreciated the convenience of receiving medical support within their own living area.

Conclusion

The camp concluded on a positive note, reaffirming DBMS's commitment to migrant welfare and accessible healthcare. Through such initiatives, DBMS continues to strengthen its mission of promoting dignity, health, and holistic development among migrant communities.

FREE MEDICAL CAMP FOR MIGRANT LABOURERS

NOVEMBER - 26 - 2025:

Don Bosco Migrant Services (DBMS), in collaboration with Meenakshi Hospital, organized a Free Medical Camp on 26 November 2025 at the URC Construction Site, Panapakkam, Ranipet District. The camp aimed to provide essential medical care and health support to migrant labourers residing and working in the area.

Program Overview

A total of 103 migrant labourers, including 101 men and 2 women, benefited from the camp. The medical team from Meenakshi Hospital deployed specialists from seven different departments, ensuring comprehensive healthcare services for all participants.

In addition to the medical consultations, ABHA Card Registration was facilitated at the venue, enabling 26 migrants to enrol in the national digital health mission and gain access to future health-related benefits.

Support and Coordination

The camp was conducted with the support of URC Construction Site, Panapakkam, which provided the necessary arrangements and mobilized the workers for the health


check-up. The DBMS staff played a key role in coordinating the event, guiding participants, assisting the medical team, and ensuring smooth execution throughout the program.

Conclusion

The Free Medical Camp served as a significant health intervention for migrant labourers, offering accessible medical assistance and promoting health awareness at the worksite itself. The initiative strengthened DBMS's commitment to improving the wellbeing of migrant communities and ensuring that essential healthcare services reach vulnerable groups.

Date 26 November 2025
Venue Panapakkam Village, Ranipet District
Organized by Don Bosco Migrant Services
In Collaboration With Meenakshi Hospital
Supported by URC Construction Site, Panapakkam & DBMS Staff
Beneficiaries 103 Migrant Labourers (101 Male, 2 Female)



Ranipet. Tamil Nadu. India 

NATIONAL JUBILEE OF MIGRANTS 2025



NOVEMBER - 06 - 08 - 2025:

The National Jubilee of Migrants 2025 was held at the Shrine Basilica of Our Lady of Good Health, Velankanni, from 6th to 8th No-

vember 2025, under the theme “Migrants: Pilgrims of Hope in the Heart of Mary.” The program was organized by the Commission for Migrants – CCBI, in collaboration with Caritas India and the Scalabri-

ni International Migration Network (SIMN).

DBMS staff members actively participated in the entire program, contributing to discussions, sessions, and group sharing throughout the three days.

Day : 01

Date : 6-November- 2025

Theme : Looking at the Past with Gratitude

The event began with registration and welcome on the previous evening, followed by the official commencement on Day 1. After breakfast, the Inaugural Holy Mass was celebrated at the Mandapam, followed by welcome remarks and a

short refreshment break. The Inaugural Assembly included a prayer dance by the Odisha Region and introductory messages from various dignitaries. Key inputs were delivered on themes related to the legacy of Pope Francis and

the Church’s mission in migrant accompaniment.

The day continued with presentations, sharing sessions, and group reflections highlighting past experiences and collective gratitude for the Church’s service to migrants.

Day : 02

Date : 7-November- 2025

Theme : Looking at the Present with Joy

The second day began with Holy Mass and breakfast, followed by Round Table Conversations. Representatives from multiple regions shared ongoing migrant-related programs, challenges, and pastoral responses.

Workshops and panel discussions addressed critical topics such as

- Pastoral care for migrants
- Reintegration support
- Creation of safe migration pathways

- Community-level engagement and collaboration

- The day concluded with a cultural evening, rosary, and dinner.

Day : 03

Date : 8-November- 2025

Theme : Looking at the Past with Gratitude

The final day opened with a Tamil Holy Mass celebrated by Bishop Sagayaraj Thamburaj. After breakfast, a Round Table Conversation explored future strategies, with discussions led by religious congregations and experts in migrant ministries.

A significant segment of the day was the Assembly Sharing and Concluding

Ceremony, where several leaders expressed their insights and recommendations for strengthening Church-based migrant outreach and national collaboration.

Special Participation by DBMS

During this session, Fr. Bosco gave an important presentation on the newly developed DBMS Website

and Mobile App, highlighting its features, accessibility, and its role in enhancing support services for migrant families across Tamil Nadu and beyond. The presentation received positive feedback for its innovation and practicality.

The day ended with a farewell lunch, marking the conclusion of the National Jubilee of Migrants 2025.

Conclusion

The four-day national gathering served as a meaningful platform for reflection, collaboration, and future planning for migrant ministries in India. The active participation

of DBMS staff members throughout the program enriched the discussions, and Fr. Bosco's presentation of the DBMS website and app demonstrated the organization's commitment to embracing tech-

nology for improved migrant services.

The program successfully highlighted the Church's dedication to accompanying migrants with compassion, dignity, and renewed hope for the future.